

# THE WARREN REPORT

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## **CONTINUING SERIES:** **THE MOST COMMON INJURIES IN PERSONAL INJURY LAW**

*Every month this year in the newsletter, we will highlight an injury that we see most often with our clients.*

### **Rotator Cuff Injuries**

The muscles and tendons of your shoulder make up what is known as the “rotator cuff.” The connective tissue involved joins the bone of the upper arm to the shoulder blade. Additionally, the muscles and tendons of the rotator cuff help the ball and socket joint of the shoulder to remain firmly in place. An injury to this region is characterized by varying degrees of damage to the tendons and muscles of the rotator cuff.

Rotator cuff injuries are fairly common and involve any injury to the rotator cuff tendons and muscles including, but not limited to, tendonitis (often sports related), bursitis (often related to overuse) and a strain or tear. Typically, a rotator cuff strain or tear is what we see most often as associated with our client’s auto accidents or slip and fall cases where the arm was used in an attempt to break a fall. The risk of rotator cuff injury increases with age

Although many minor rotator cuff injuries heal on their own or with the help of exercise therapy, more severe cases may require more extensive (and often expensive) treatments including steroid injections, surgery, or as a last resort, shoulder replacement. Although it is impossible to predict whether or not you will be involved in an auto accident or fall, strengthening your shoulder muscles can greatly decrease the probability of a debilitating injury to the rotator cuff if you are involved in either of the above.



# Rotator Cuff Case Result

**Type of Case:** Car Accident

**Place of incident:** Greene County, VA

**Verdict or settlement:** Settlement

**Amount:** \$135,000

Our client was injured in a car accident in which the driver of another vehicle crossed into our client's lane and collided with him. In the collision, our client tore his rotator cuff. An orthopedic doctor opined that he would need surgery. He decided not to pursue the surgery at that time. We submitted the case to the insurance company with a cost estimate. They made an initial offer of only \$5,000. After one-and-a-half years passed, the pain was still too much and he had the surgery performed. We were ultimately able to settle the case for more than 27 times the original offer.



**Key Takeaways:** Despite the fact that a doctor says you may need surgery in the future, insurance companies don't give it the same weight as if you have had the surgery performed. It is difficult to resolve cases with future surgeries pending!



## Did You Know?

We have a second office location! You can find us by appointment in downtown Staunton at the Witz Building — 11 East Beverly Street, Suite 3!

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The Warren Firm was great to work with. They handled my personal injury case professionally and I would highly recommend them. Vaden Warren was very accessible and patient while working the case and helping me through this rough time. I am very happy with the results that he was able to work out for me. The office staff was wonderful too.

K. ANDERSON



Help others who have been injured find the Warren Firm — review us on Google!

## 11 Ways to Harm Your Case: Part Three

There can be many pitfalls in a personal injury case. Insurance companies will try many methods to deny your claim altogether or make the recovery as small as possible. Each month we will highlight something you should NOT do when it comes to working with insurance companies!

### 11 WAYS TO HARM YOUR PERSONAL INJURY CASE

3. Give a statement to any insurance company



Insurance companies often try to quickly get you to make a recorded statement about the collision. Rarely does the statement help you in any way. While the statement will likely not be admissible in court, it will be used against you in the acceptance of liability and for settlement purposes.

#### WHAT NOT TO DO, SO FAR ...

1. Admit to any fault at the scene of the collision.
2. Downplay your injuries.
3. Give a statement to any insurance company.

## PI DAY 3/14



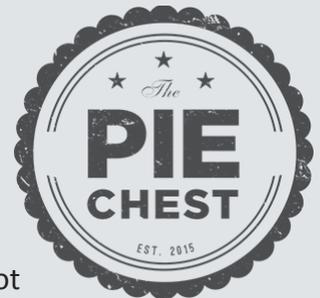
Pi Day, celebrated on March 14th in honor of the mathematical number Pi (which is rounded to 3.14), is a beautiful day that we are happy to celebrate! Who doesn't want another excuse to eat pie?!

**Fun fact:** The digits of Pi continue infinitely without repetition or pattern. Just like our love for pie.. any kind of pie... in any order or pattern! Here are our top spots to grab a slice in Charlottesville and Richmond, whether it's Pi Day or not!

### The Pie Chest

119 4th St NE  
Charlottesville, VA 22902  
*\*Favorite of the Warren Firm!*

Serving up sweet pies, savory pot pies and breakfast hand pies.



### Proper Pie Co.

2505 E Broad St #100  
Richmond, VA 23223

Sweet and savory pies made fresh daily, Thursday through Sunday.



### The Pie Guy

Located on the UVA Corner at 1325 W Main St Unit B  
Charlottesville, VA 23903

Online ordering, local food truck, and a coffee shop.



**We focus our practice on cases involving:**  
Personal Injury  
Wrongful Death  
Children's Injuries  
Bicycle Accidents  
Auto Accidents



**W**  
**THE WARREN FIRM**  
VIRGINIA INJURY ATTORNEYS

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